

HUMMINGBIRD MEDICINE RETREAT IN COLOMBIA WITH THE ADE FRANCISCO

Cocorna, Colombia

8 days, 7 nights.

"When the time of darkness comes to an end and the dawn of light appears, the sunset of the fifth sun, the golden hummingbird will extend with its beak the teachings of the rainbow, then the macaws will dance singing, accompanying the flight of the condor and the eagle, and until this happens, the condor and the eagle will be separated. "

Mother Earth is evolving and in that evolution as humanity we have the option to consciously unite in her ascension to the energy of love, the energy of the anahata, the fourth chakra. For this process, it is essential to cleanse, harmonize, heal and activate the feminine and masculine energy in the heart. For this sacred work is the hummingbird medicine.

This is a retreat in which the assistants can perform an intense therapeutic work, a path of ancestral wisdom for the opening of the heart through hummingbird medicine ceremonies (yopo, mambadero, swethlodge, and ayahuasca). On this path we will experience openness to unconditional love and help us to manifest heaven on earth. Giving reality to the visions of the spirit, to our purpose, or path with heart.

This is complemented by the work of conscious sexuality. Where we will learn how to clean sexuality and live from all dimensions of us and not only from the body, pleasure and its illusions. Also how through this wonderful power of sexuality we unite, we link to the natural order, to generate abundance and fullness in existence. Learning to sow a new humanity of gestated beings from the thought of the spirit, from uniqueness.

In this retreat you can achieve:

1. Isolation of daily occupations to allow more meaningful and revealing processes of personal growth.
2. Produce cathartic processes (emotional release) and stress release in environments contained therein.
3. Generate insight more revealing (conscious understanding) by raising levels of consciousness through diets and healthy practices (meditation, yoga, purification ceremonies, purges, art and vegetarian food).
4. Facilitate the review of personal history and the current moment from an attitude of continuous self-observation.
5. Generate a group synergy oriented toward self-observation and spiritual growth.

PLACE

Azulita House: Sacred Medicines (Cocorna, Colombia)

The house Azulita has a land of forest recovered with crystal clear waters and 1 furnished peasant house, built by hand in guadua, for a hostel type accommodation, with ecological bathroom (dry toilet). It also has The Maloka which is the spiritual and meeting center, and the Sue Gata Mux (swethlodge).

SCHEDULE

Day 1:

8am to 6pm Arrival and accommodation.

7pm to 8pm Dinner.

8pm to 12pm Mambeadero ceremony (coca leaves and tobacco).

Day 2:

7am to 8 am yoga

8am to 10am Breakfast.

10am to 7pm personal cleanse with the ade Francisco.(will be consults of 2 hours for each person durin the day)

7pm to 8pm Dinner

8pm to 12am Mambeadero ceremony (coca leaves and tobacco).

Day 3:

7 to 8 am yoga

8am to 10am Breakfast.

10am to 7pm personal cleanse and spiritual payment with the ade Francisco.(will be consults of 2 hours for each person durin the day)

7pm to 8pm Dinner

8pm to 12am Mambeadero ceremony (coca leaves and tobacco).

Day 4:

(not breakfast before ceremony)

9 am to 12pm kambo ceremony

1 pm to 6pm lunch and plant bath

7pm to 8pm Dinner

8pm to 12am mambeadero ceremony

(coca leaves and tabacco)

Day 5:

7 am to 8am yoga

8am to 10am Breakfast.

10 am to 1pm talking circle

1 pm to 4pm Lunch and plant bath.

(lunch last meal of the day)

6pm to 6am Ayahuasca Ceremony.

Day 6:

8am to 10am Breakfast.

10 am to 6pm relaxing day

1 pm to 3 pm lunch

7pm to 8pm lighth Dinner.

8pm to 2am Yopo ceremony.

Day 7:

8am to 10am breakfast.

12pm to 2pm temazcal ceremony.
2pm to 6pm lunch and rest.
6pm to 8pm Dinner.
8pm to 12am Traditional dance ceremony.

Day 8:

8am to 10am breakfast.
10am to 1pm Handmade market and check out.

Costs: 1200 euros (in the hostel azulita house).
In fuente alegre in private cabin.

It includes:

- Personal cleaning work with the ade Francisco
- Mambeadero ceremonies (talking circle).
- Kambo Ceremony
- Ceremony of temazcal.
- Yopo ceremony.
- Ayahuasca Ceremony.
- Yoga and meditation classes.
- 8 nights (7 days) in the Azulita house (hostel) and Fuente alegre ecohotel.
- 3 vegetarian meals a day.

Facilitators

Ade Francisco Chimunquera

Ancestral knowledge of the Wiwa community of the Sierra Nevada de Santa Marta.
Traditional midwife and bioconstructor. Guardian together with his family of the Zakuye community house of thought in Cocorna, Antioquia.

Services Humanity support in:

- ~ Helping in the process of diseases
- ~ Depressions
- ~ Life questions
- ~ Traumas
- ~ Partner work
- ~ Past relationships cleanings
- ~ Adopted
- ~ Opening your path and vision
- ~ Transformation processes of all forms

Fee Egmond

Participant of the Dance of the Moon, using ancient techniques to clean atmospheres, auras, places by using different methods, such as working with the Sahumador. Use different types of esoteric plants to clean.

Guardian of the rite of the uterus of the Munai Ki; female spirit of the jungle guided by the Sacred Water. Facilitator of women's circles. Working with medicine of the earth 'Rapé'. And with Water 'Kambo' medicine.

Member of Nutabe tribe of Colombia.

Messenger and Ambassador initiated and sended by tribes of Sierra Nevada, connected with protection of territory and water.

Weaving the experience and knowledge from the study of Psychologist.

Lara Grofils

Is a movement explorer. She is a ballerina (classical dance) from her first steps, she became a holistic artist integrating somatic tools and body techniques to create new forms of expression and free the BEING. Through movement and psychology, she helps you connect better with yourself, with others and with the world. Lara is also a Yoga therapist, specializing in trauma management. She shares an Inclusive yoga, for all human beings, since we all have the right to develop all our capacities without limiting, excluding or discriminating.

She follows the ancestral path through the Spiral School. She is Belgian and inhabitant of the Zakuye community in Colombia.

Jefry Moncada

Carrier of the medicine Kinzha (hummingbird), to transmit the word of coca and tabacco.

Therapist with plants, healer with the medicine of the earth (ayahuasca, Raphe; Curanga and Oshka). Member of the Nutabe tribe from Colombia. Messenger of the thoughts of the Sierra Nevada and Nutabe tribe that go in the protection of territories and the water.

Juan Esteban Osorio

Psychologist, Reiki master and healer through angelic channeling. Healer of the land formed in the tradition Embera by the Jaibana and taita (traditional doctor of the Yage/Ayahuasca) Luis Alfonso Yagari Carupia and in the tradition Muysqqa, word of coca and tobacco, by the greater Kulchavita Bouñe from Saboya, Boyaca.

Diego Colot

Body therapist with studies in physiotherapy and massage. Are you currently in your training with the ayahuasca's healer taita Alberto.